

SHORT HIKES

TO THUNDERING FALLS

MODERATE – SOME STEEP AREAS

Great for all ages in good condition, secluded spot; nearly impossible to get lost; look for wild turkeys and owls in the woods; splash around in pools above the falls.

Walk down the lawn to the water; take a right on the Appalachian Trail. You will get to the waterfalls in 25-45 minutes. For more added enjoyment explore the lowland on the boardwalk beneath the falls.

TO THE CASCADES AT GIFFORD WOODS STATE PARK

EASY – SHORT

Great for small children or older adults; flat; nearly impossible to get lost; fun place to wade, swim, watch the fish; look for beaver activity on the lake on the way back.

Walk down the lawn to the water; take a left on the Appalachian Trail. You will get to the cascades in 10-20 minutes.

RIVER WALK

EASY – ABOUT 4 MILES

Great for children or older adults; flat; nearly impossible to get lost; quiet Vermont wilderness

Driving, take a left out of Mountain Meadows Lodge driveway and park at the small pull-out on the left just after you cross the small bridge over the stream. The trail is a little further down the hill on the right as the road banks left, and clearly labeled “river walk”. Walk to the end of this trail to come out on Valley Park Rd and then go left on River Road to walk (with the river on your left now) past the rec center, tennis courts and library. Take a left on Thundering Brook Rd to get back to your car.

TO THE CABIN ABOVE RIVERSIDE FARM

CHALLENGING

Something great to do if you’ve got a few hours; nice walk to an awesome view!

Drive north on Rt. 100 to Pittsfield VT and find Riverside Farm on the right. Park in the designated grass lot and walk towards “The Stairs” – see the signs. Take the stairs to the top of the ridge. Allow some extra time to wander about on the many trails in this area.

TO BASECAMP OUTFITTERS

SHORT, EASY (one steep area below BaseCamp)

Something neat to do if you’d like a shorter walk with a destination.

Walk out the back of the lodge so that the pasture fence is on your left and head into the woods on the cross country ski trails and disc golf trails. Follow the signs to BASECAMP or “BCO”; you will generally bear left. Arrive at BaseCamp in about 20 minutes.

TO DEER LEAP OVERLOOK

CHALLENGING – STEEP

Short strenuous hike up a very popular trail with a terrific overlook.

Drive to Sherburne Pass Trail Head on Rt. 4 - Take a right on Rt. 4, travel 2.24 miles to the top of “the pass” and park at the Trailhead on the left. Walk across Rt. 4 and get on the trail to Deer Leap Overlook at the right-most parking lot of *The Inn at Long Trail*.